



2025-2026 HAMMARSKJOLD COURSE REQUEST STUDENT INFORMATION SHEET

*For students who are exempt from a course (French for example) or who have earned equivalent credits from another province or through the PLAR process (PLE credits), or MLL students, you may need to choose your courses with a guidance counsellor so that they can make the necessary overrides otherwise XELLO will force you to choose courses that you don't need.

Current Grade 9 students

For grade 10, you will choose **six** compulsory courses: English, Math, Science, History, Civics and Career Studies plus **three** optional credits (nine courses in total as Civics (CHV205) and Career Studies (GLC205) are 0.5 credit each). Remember you need to take phys.ed. and/or technology if you did not take those courses in grade 9.

If you need to repeat a Gr. 9 compulsory course, you will be prompted to include the course with your requests.

In grade 10, courses are no longer de-streamed. Students must choose a level for English, Math, Science and History. The levels are Academic (university pathway-for parents, this is the former advanced level), Applied (college pathway-for parents, this is the former general level), Locally Developed-usually chosen in consultation with parent(s)/guardian(s) a guidance counsellor.

French Immersion students choose French Immersion History and Careers/Civics as well as French Immersion Language FIF2D1 in addition to English, Math, Science and two electives. Please consider French Immersion courses for electives. Grade 10 Food and Nutrition HFN2OF and Healthy Active Living (Physical Education) PPL2OF are electives offered in French. Note that these courses end with the letter 'F'.

Current Grade 10 students

For Grade 11, you will choose **two** compulsory courses (English and Math) plus **six** optional credits.

You need to consider courses such as science (biology, chemistry, physics) for example that are prerequisites for post-secondary programs and destinations. *Please see your guidance counsellor if you are interested in enrolling in a Specialist High Skills Major program. There are several levels offered for grade 11 math courses. Please review the math chart carefully and consider which math will be required for your future plans.

French Immersion students choose Gr 11 French Immersion language FIF3U1 in addition to English, Math and five electives. Please consider French immersion courses for electives. Grade 11 Intro. to Anthropology, Sociology and Psychology HSP3UF, Food and Culture HFC3MF, and Co-operative Education DCO3OF are electives offered in French. Note that these courses end with the letter 'F'.

Current Grade 11 students

For Grade 12, you will choose **one** compulsory course (English) and **five to seven** optional courses. Ensure you meet graduation requirements. Consider selecting the Literacy Course (OLC4O1) if you have not passed the literacy test yet.

French Immersion students choose Gr 12 French Immersion language FIF4U1/A in addition to English and at least four electives. *In order to earn your French Immersion Certificate, you must complete a total of 10 French Immersion credits.

Ensure you meet the graduation requirements and post-secondary pathway requirements.

- **University** – at least 6 Grade 12 “U” or “M” courses, including ENG 4U, and in many cases a designated overall average which will vary for different programs and universities. Students must also meet course prerequisites for certain post-secondary programs. (www.ouinfo.ca)
- **College** – ENG4C1 is required. Specific senior mathematics or science courses are also required for post-secondary health care or technology programs. (www.ontariocolleges.ca)
- **Workplace / Apprenticeship** – consider Co-operative Education, OYAP, and specific mathematics requirements. (<https://www.ontario.ca/page/apprenticeship-ontario>, <https://oyap.com/>)

Current Grade 12 students

- If you are not returning next year, select NRT100 and NRT200
- If you are returning semester one only, select NRT200 plus your 3-4 courses for semester one.
- If you are returning for both semesters, select a minimum of 6 courses or more if required.

E-learning

The e-learning courses shown in XELLO are the ones offered by our school board. Spaces are limited. If you would like to take one of these courses, add it to your course planner in XELLO with the understanding that you may not be accepted and will have to choose another course with your guidance counsellor later. Many other courses are offered through e-learning but you are not guaranteed a spot. Please see your guidance counsellor to be placed on a waitlist for an e-learning course not listed in XELLO as they will not show up as options in your course planner.

Online Course Request Instructions:

1. Review the [Course Selection Tutorial Video](#)
2. Plan your course selections by accessing the [2025-26 Hammar skjold High School Course Calendar](#) on the Hammar skjold Homepage or in XELLO
3. Log into [Classroom Websites](#) and click on “XELLO” icon or click the green “choose courses here” icon near the bottom of the [Hammar skjold homepage](#)
4. Once you are in XELLO, click on “Course Planner” and select courses in the column for your next school year.
5. Click on the “SUBMIT” button once you have completed your course selections. Click on the printer icon and print the confirmation page. Return the page with parent/guardian signature to Mrs. Watts in Student Services.

*NOTE: once you have submitted your course selections, you will be unable to change them yourself. You will need to contact a guidance counsellor if any changes need to be made.

XELLO WILL BE OPEN FOR SUBMITTING COURSE SELECTIONS FROM FEBRUARY 13 – MARCH 5, 2025.